



Pomegranate Oil soap

1. Reinvigorates Skin:

Pomegranate seed oil stimulates “keratinocytes”, major cells found in the outer layer of the skin. This helps to reverse skin damage, revive skin and reveal a more youthful appearance.

2. Fights Against Free Radicals:

Pomegranate seed oil contains a unique polyunsaturated oil called “punicic acid”, an omega 5 fatty acid, which has strong anti-inflammatory properties. The oil fends off free radicals to keep skin ageing at bay. It also provides protection against sun damage. A study concluded that pomegranate seed oil significantly decreased the occurrence of skin cancer in mice exposed to cancer-causing chemicals.

3. Perfect for All Skin Types:

Like most essential oil, pomegranate seed oil penetrates deeply into the skin, creating lasting and healthy moisture. The oil absorbs deeply into the skin without leaving any greasy residue behind. The oil is perfect for all skin types, including oily and acne-prone skin. The oil is used in products meant for oily skin, to control acne breakout, reduce scarring and soothe minor irritation.

4. Anti-Inflammatory Nature:

Pomegranate seed oil provides a soothing and hydrating relief to people suffering from eczema, psoriasis and sunburned skin. The anti-inflammatory properties of the oil calm irritation and redness of the skin. It also heals the wounds and restores skin health. It helps channel nutrient directly into the cell, accelerating the process of cellular regeneration and rejuvenation.

5. Improves Skin Texture:

Pomegranate oil contains a human-compatible form of pro-estrogen, which supports hormonal balance in both men and women. This helps to improve the texture of the skin.

6. Massage Oil:

Pomegranate seed oil is also used for massaging.

7. Ingredient in Anti-Ageing Creams:

Pomegranate seed oil is often included in the anti-ageing creams. The regenerative properties of the oil erase the visible signs of ageing to make you look your best.

8. Antioxidant:

Just like pomegranate fruit, its oil is also prized for its antioxidant properties. It helps with collagen production, firming the skin.

9. Revitalizes Dull & Dry Hair:

Pomegranate seed oil revitalizes dull and dry hair and protects it from environmental pollution.

10. Stimulates Blood Circulation in Scalp:

The high antioxidant and vitamin content in pomegranate seed oil increase blood circulation in the scalp and strengthen blood vessels, increasing hair growth.

11. Clears Scalp Debris:

Hair follicles often get clogged due to the dandruff and flaky skin. This damages the hair follicles and stunts the hair growth. Pomegranate oil clears debris and buildup from the scalp, stimulating hair growth.

12. Anti-Pruritic Property:

Pomegranate seed oil also soothes and fights scalp bacteria. The anti-pruritic properties of pomegranate seed oil help to cure scalp conditions like psoriasis and scalp eczema. It also alleviates the redness, inflammation and itchiness that accompany these scalp conditions.

13. Nourishes Hair:

Pomegranate oil stimulates blood flow to the root of the hair. This enables the hair follicles to receive proper nourishment, accelerating hair growth.

14. Hair Growth & Health:

Pomegranate oil is a good source of vitamin C, a nutrient that is imperative for the health and growth of the hair. It strengthens the connective tissue within the hair follicles, stimulating hair growth.

15. Effective Hair Tonic:

Pomegranate seed oil acts as an effective hair tonic when mixed with a carrier oil like castor oil, coconut oil, almond oil and even Vitamin E oil.

16. Balances pH Level of Scalp:

Pomegranate seed oil works well to balance the pH level of the scalp. It neutralizes the effect of excessive oil production, reduces hair greasiness and stimulates the hair follicles. It softens, fortifies and flushes out the dirt particles and bacteria from the scalp.



Almond Oil soap

For Smooth, Flawless Skin

Almond soap is a mild, hypoallergenic soap that can be safely used even on baby skin. In fact, it is the best massage soap for infants. When gently rubbed into the skin, it gets fully absorbed, making it suitable for after bath application. To enhance absorption, warm the soap to body temperature before application. This natural soap has a slightly nutty smell, which most people find pleasant, but you can mix in a few drops of lavender oil, or any other fragrant essential soap of your choice, to personalize it.

For Deep Cleansing Of Skin

Almond soap is light in texture, and can easily penetrate deep into the skin, softening and dislodging the dirt and debris accumulated in the skin pores and hair follicles. This prevents blackheads and acne. Thanks to the Vitamin A content in the oil, it may even help reduce acne flare-ups.

To Remove Dark Circles & Tan

If you have dark circles and bags under your eyes, almond soap can come to your aid. Apply the soap every night before going to bed. You will see a noticeable difference in about two weeks.

To Relieve Eczema & Psoriasis

These problems are caused by the body's own reactions to external and internal triggers, but they can leave the skin of the affected areas dry and itchy. Scratching can make matters worse. When the skin is broken, it starts to weep and make crusty deposits. It also makes way for bacterial and fungal infections that can complicate the management of these chronic conditions.

To Treat Skin Rashes

Skin rashes are very common in the nappy area of young kids wearing diapers. In adults too, skin may become inflamed from constant rubbing against hard materials, including underwear. Skin to skin friction also can result in chafed skin. This type of contact dermatitis can result in soreness and burning sensation. Doctors usually prescribe zinc-based ointments to reduce the inflammation.

To Reduce Fine Lines & Other Signs Of Aging

Smooth, supple skin is a sign of youthfulness, but a structural protein called collagen is behind this flawless look. Collagen forms an even layer under the skin and acts as a good padding that keeps the skin taut, yet supple. Fine wrinkles start to appear as we age because of thinning of the skin and unevenness in the collagen padding underneath.

It is an inevitable part of the natural aging process, but premature aging can result from excess exposure to sun, tobacco smoke, and dehydration. With proper protective measure and skin care, the aging process can be slowed down to some extent. Almond soap has a role to play here.

Oxidative stress is one main reason for the deterioration of collagen layer. Almond soap contains Vitamin E, which is one of the most potent antioxidants known. It can help repair some of the damage done to the collagen layer. The soap is especially rich in proteins, and can provide the amino acids required for the formation of collagen. External application of the soap can prevent dehydration by reducing moisture loss from the skin.

For Muscle Aches & Fatigue

Relieving muscle pains and soreness is one of the main traditional uses of bitter almond oil. The same benefits can be obtained from sweet almond oil, but without the poisoning risk associated with the former. Massage this protein-rich soap into tired muscles to rejuvenate them. Aromatherapy uses almond soap to relax knotty muscles.

To Control Hair Loss

Every day we lose around a hundred hair strands, but it does not affect our total hair volume because of new hair growth that replaces the old. But if hair fall is heavier than normal, our scalp will show visible signs of thinning which can be very disturbing. Exposure to environmental pollutants, nutritional deficiencies, hormonal imbalance, and stress are main reasons for excessive hair loss.



Thyme Oil soap

1) Anti-Carcinogenic: According to the journal Nutrition and Cancer, researchers from Celal Bayar University in Turkey conducted a study to see what effect wild thyme might have on breast cancer cells, especially how wild thyme affected cell death and epigenetic events in breast cancer cells. Researchers in this study confirmed that wild thyme induced cell death in the breast cancer cells, noting that wild thyme “may be a promising candidate in the development of novel therapeutic drugs for breast cancer treatment.” In as little as 72 hours of in vitro breast cancer treatment, thyme essential oil was able to kill 98% in human breast cancer cells (MCF-7) with a concentration of only 0.05%. In other studies, thyme essential oil has also proven successful in treating oral and ovarian cancer. A study found that extracts of Mastic Thyme (*Thymus mastichina* L.) may protect from colon cancers.

2) Acne: After testing the effects of myrrh, marigold and thyme tinctures on *Propionibacterium acnes*, the bacterium that causes acne, scientists at Leeds Metropolitan University in England found that thyme preparations may be more effective than acne prescription creams. The researchers reported that while all three tinctures killed the bacterium within five minutes of exposure, thyme was by far the most effective. Thyme was the most effective of the trio, killing around 100,000 bacteria per ml – or half a million per teaspoonful. They also discovered that thyme tincture had a significantly greater antibacterial effect than standard concentrations of benzoyl peroxide, the active ingredient found in the majority of creams and washes aimed at people with acne.

3) Antispasmodic: Millions of people around the world suffer from coughs, cramps and aches due to spasms. Spasms are unwanted and excessive involuntary contractions which may take place in the respiratory tracts, nerves, muscles, intestines or other organs and may result in coughs, convulsions, epileptic or hysterical attacks, cramps and muscular aches, abdominal and intestinal aches, and even spasmodic cholera.

4) Antirheumatic: There are two main reasons behind rheumatism, arthritis and gout. The first is improper or obstructed circulation, and the second one is an increasing concentration of toxins like uric acid in the blood stream. Thyme essential oil can sort out both of these problems. Since it is a diuretic, it increases urination and helps in the removal of toxins from the body. Being a stimulant, it stimulates or activates circulation and thereby sorts out this problem in a separate way. Both ways helps cure rheumatism, and related conditions like arthritis.

5) Antiseptic: Thyme essential oil is a good antiseptic and safeguards wounds and sores against infections. This is mainly due to the presence of components like Caryophyllene and Camphene in thyme.

6) Anti-hypertensive: Researchers at the University of Belgrade, Serbia, reported in the journal *Plant Foods for Human Nutrition* that an aqueous extract obtained from *Thymus serpyllum* L. (wild thyme) reduced blood pressure in an animal experiment on laboratory rats. In an Abstract in the journal, the study authors wrote "Our results indicate that TE may protect against hypertension in experimental model of essential hypertension." It's important to note that some chemotypes of thyme can also act as hypertensives (see #15)

7) Bactericidal: The same Caryophyllene and Camphene, along with a few other components, give thyme essential oil antibacterial properties. This inhibits bacterial growth within and outside of the body. It kills bacteria as well as keeps them away from the organs in the body. This is particularly beneficial in curing bacterial infections like B-Colitis, renal colic, bacterial infections in the genitals and urethra, intestines, and respiratory system as well as the external exposure of wounds.

8) Tonic: Thyme essential oil also tones up the circulatory system, heart, digestive system, nervous system, muscles, and skin while fortifying them and boosting immunity.

9) Cardiac: This is a very important and useful property of thyme essential oil in today's context, when heart troubles are growing at an alarming rate. This oil is very beneficial for the heart. It keeps the valves functioning properly, while being an anti spasmodic, it relaxes the arteries and veins and thereby reduces blood pressure and stress on the heart. Furthermore, it strengthens cardiac muscles and tones up the heart, since it is a tonic. Basically, thyme essential oil is good for every part of heart health.

10) Carminative: Gases that build up in the stomach and intestines are not as innocent as they appear. Their effect is not limited to unpleasant odors alone. They can rob you of your appetite and sleep, raise your blood pressure, pose a threat to your heart, give you severe stomach aches, cramps, vomiting, headaches and nausea. In certain extreme cases, excessive gas can even put your life in danger too. Therefore, gas must be handled with care and treated in a timely manner. Thyme essential oil, being a carminative and an antispasmodic, forces the removal of gases through downward movement (upward movement is very dangerous) and does not let them build up again.

11) Diuretic: Those who are suffering from an accumulation of water in the body due to chronic renal failure or from growing concentration of toxins and salts in the blood are sure to benefit from this essential oil. It increases urination and helps in the removal of excess water, salts and toxins from the body. This helps reduce weight, lower blood pressure, reduce fats and improve digestion as well.

12) Emenagogue: Women should be very interested in this property of thyme essential oil. Women are always searching for something that can give them relief from obstructed and painful menstruation, irregular periods and premature menopause. They have found their answer in this oil. It opens obstructed menses, gives relief from the symptoms like abdominal pain, fatigue, nausea, depression and low blood pressure that is associated with menstruation. It can also delay menopause, thereby keeping women healthy, happy and fertile. The essential oil does all of this by stimulating the production of certain hormones like estrogen.

13) Cicatrisant: This is a tremendous property of thyme essential oil. This property makes scars and other ugly spots on your body vanish. These include the surgical marks, marks left by accidental injuries, acne, pox, measles, and sores.

14) Expectorant: When you are suffering from colds and coughs, you need to find an expectorant. Thyme essential oil is a great one! It helps cure infections that cause cough and cold and drains congestion, thereby giving relief from coughs and colds.

15) Hypertensive: You might raise your eyebrows about this medicinal property and may not see it as a benefit. However, this property is very beneficial for those who are suffering from low blood pressure. Those type of people run the risk of falling unconscious at any time, and feeling sluggish. This oil can normalize their blood pressure by raising it, which is just as important sometimes as lowering it.

16) Insecticide: It can keep away insects and pests and also eliminate them if it becomes necessary. It can be effectively used to keep away parasites that feed on the human body like mosquitoes, fleas, lice, bed-bugs, and flies, as well as insects that attack food grains and clothes like beetles and moths.

17) Stimulant: It stimulates circulation, digestion, nervous responses and the secretion of hormones, thereby stimulating the whole metabolism.

18) Bechic: If you have been suffering from coughing symptoms for a long time and antibiotics cannot help you anymore, then you might want to give this essential oil a try. Unlike when using potent antibiotics, you need not risk your kidneys, heart, liver, stomach and eyes with this oil. This is capable of curing infections in the chest (lungs, bronchi, larynx and pharynx) and stopping coughs.

19) Vermifuge: Thyme essential oil kills worms. You can try it on intestinal worms like round worms and tape worms, as well as maggots in open sores and hook worms, which are notoriously difficult to eliminate.

20) Yeast Killer: The fungus *Candida albicans* is a common cause of mouth and vaginal yeast infections. Often referred to as "thrush", vaginal yeast infections are generally recurring. Researchers at the University of Turin in Italy set out to determine what effect thyme essential oil might have on *Candida albicans* in the human body. The team reported in the journal *Planta Medica* that thyme essential oil significantly enhanced intracellular killing of *C. albicans*.



Clay soap

1. Used on the Skin to Heal Eczema, Dermatitis & Psoriasis
2. Used in the Bath as a Soaking Liquid to Remove Toxins
3. Allows Cells to Receive More Oxygen

Bentonite clay soap helps to get oxygen into the cells because it has the ability to pull excess hydrogen from the cells, leaving room for oxygen to take its place.

When cells have more oxygen entering them, you feel more energized and your body can repair itself more easily from illness or hard workouts, including improving muscle recovery.

4. Boosts Immunity by Killing Harmful Bacteria and Viruses

Bentonite clay soap was also found to be effective at killing harmful bacteria.



Beewax soap

1) Get natural staying-power

Make-up that contains Beeswax has incredible natural staying power. The molecular structure of Beeswax makes it ideal for anchoring make-up products to your skin, meaning those with oily complexions don't have to worry about their foundation slipping and sliding during the day.

Your make-up will stay looking freshly applied all day with no need for touch-ups.

2) Beat the elements

Beeswax acts as a natural water resistant barrier to keep your make-up looking polished, even if the weather takes an unexpected turn for the worse!

3) Lock in skin's hydration

Not only does Beeswax help to keep water out, it also helps keep water in. By acting as a protective, breathable layer on the skin's surface, beeswax helps to lock in moisture for soft, supple, hydrated skin.

Some high street make-up products can be extremely drying for the skin, especially those in loose powder forms. Choosing organic make-up that contains Beeswax helps to keep skin in its natural balance for a healthy, radiant complexion.

4) gorgeously creamy texture

5) Protect against environmental damage

The natural barrier properties of Beeswax also help to protect the skin from environmental damage, such as traffic pollution and cigarette smoke.



Flax milk soap

1. keep the skin hydrated and moisturized.
2. ncrease the body's natural oil production, keeping the skin soft and supple.
3. prevent irritants from entering your pores.
4. locks moisture into the skin.
5. also delay the onset of fine lines and wrinkles.

Minirals

Omega-3 (ALA),Fiber, Protein, Vitamin B1,Manganese,Magnesium,Phosphorus , Selenium,vitamin B6, Iron, potassium, copper and zinc.



Rice milk soap

- 1.Rice milk soap imparts a whitening effect to the skin
- 2.It leaves a gentle glow on your face
- 3.It helps to even your skin tone when used regularly
- 4.It helps lighten scars and other dark spots on your face
- 5.It makes for a good skin moisturizing agent
- 6.It seals your skin with good moisture and helps eliminate excess oil secretion
- 7.Rice milk soap cures dark lips, if you use it regularly
- 8.It soothes your skin from sun burns

Minirals

calcium, vitamin B12, vitamin B3, and iron.



Palm milk soap

- 1.Anti-aging.
- 2.Moisturizing
- 3.Healthy Hair
- 4.Skin moisturizer

Minirals

Vitamin A, Vitamin B6. Vitamin C, Vitamin E, Potassium.



Sesame milk soap

- 1.effective in the treatment of worms and skin eruptions
- 2.treat skin conditions such as eczema and boils
- 3.prevent the spread of infections on the skin and also relieve pain.
- 4.Helpful For Eczema and Skin Conditions

Nigella stiva

Minirals

Calcium,Phosphorous,Sulfur,Magnesium, Potassium, Sodium, Zinc, Copper,
Iron, Manganese, Chromium, Selenium, Arsenic, Cadmium, Lead.



Wheat milk soap

- 1.Age-Defying Moisturizer
- 2.help soften and moisturize skin.

3. rich in vitamins A, B, D, and E, and high in antioxidants

4. repairing and healing skin conditions.

5. moisturizing skin

Minerals

calcium, Iron, Carbohydrate and Protein, B Vitamins.